

HISTORY

Healthy Mothers Healthy Babies Coalition of Hawai'i (HMHB) was initially established as a statewide steering committee and became a nonprofit 501(c)(3) organization in 1992. We are a local nonprofit agency that is part of a national network of organizations and individuals committed to improving Hawai'i's maternal, child and family health through collaborative efforts in public education, advocacy and partner development.

We believe in:

- A child's right to be born healthy and raised in a safe environment
- Equal access to quality care
- A collective voice to facilitate change
- Eliminating health disparities among all populations
- Cultural competence and respect for diversity
- Education to encourage others



healthymothers
healthybabies
COALITION OF HAWAII

Kukui Center
245 N Kukui St. #102A
Honolulu, HI 96817

Kukuikini Tower
75-5722 Kuakini Hwy #212
Kailua-Kona, HI 96740

J.Walter Cameron Center
95 Mahalani St #27
Wailuku, HI 96793

www.hmhb-hawaii.org
info@hmhb-hawaii.org
@hmhbhawaii
808-737-5805



Visit HMHB's
Website



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Learn More About
Parent Line Hawaii



healthymothers
healthybabies
COALITION OF HAWAII

*Rooted in Love and
Community Connection*



OUR PROGRAMS AND SERVICES

MANA MAMA

Mana Mama is a midwifery model of care that serves families across Hawai'i with a holistic approach to healthcare. HMHB provides solutions where others see barriers by bringing Mobile Clinics to address access to care.

We provide clinical services:

- Family Planning: Reproductive Care, STI Screening, Pregnancy Testing
- Prenatal
- Postpartum
- Lactation
- Primary Care
- Wellness Visits
- Vaccinations
- TB Clearance
- School Readiness Exams
- Medical Clearance



COMMUNITY BASED DOULA PROGRAM

Having a doula can help you have a more positive birth experience and transition into parenthood. HMHB's Community Based Doula Program makes doula support accessible, designed to specifically help decrease disparities and improve outcomes for our communities of color in Hawai'i.

MENTAL HEALTH COUNSELING

Opening up about your mental health takes incredible courage, and you don't have to carry the weight alone. Whether you're navigating the complexities of pregnancy, postpartum, or the years beyond, we provide a compassionate, safe space to help you find your strength and peace of mind. Our dedicated team is honored to walk alongside you, offering the expert support and encouragement you deserve every step of the way.

WOMEN'S INTENSIVE OUTPATIENT TREATMENT

Women's recovery program that includes face-to-face trauma informed group activities. A holistic approach including individual therapy, drug screening, psychiatric care, activities for children, and connections to other social services. DHS approved, CARF accredited, and accepted by Probation and Parole.



PARENT SUPPORT

Free. Confidential. Just someone to talk to. The Parent Line helps you with expert guidance on child behavior, child development, parenting, caregiver support, and community resources. Our experienced staff will help you problem-solve daily challenges and connect you with the community resources you need to thrive.

The Parent Line is funded by the Hawai'i State Department of Health and administered by Healthy Mothers Healthy Babies – Coalition of Hawai'i.

Call (808) 452-1832 for more Parent Support programs.

SAFE SLEEP - CRIBS 4 KIDS

A safe sleep education course for low-income, high-risk pregnant women and their families. This program provides education on the risk factors, how to create a safe sleep environment, and tracks the baby's health throughout its first year of life.

PIKO PALS

Piko Pals is a parent support program that connects and empowers new parents of babies age 0-4 months to build their own village through facilitated discussions in an emotionally and intellectually safe environment. Open, honest, vulnerable discussions about not just challenges... but how relationships change during pregnancy, the struggles parents face, and ways to manage them.

CONNECTING THE EXPECTING

Open, honest, vulnerable discussions about not just challenges... but how relationships change during pregnancy, the struggles parents face, and ways to manage them.

In Connecting the Expecting, we are going to talk about what you're doing to prepare for your baby's arrival, as well as your hopes and fears as you look towards the arrival of your baby. This class may be offered with a mix of childbirth education.

